



UNIVERSITY OF <sup>TM</sup>  
KWAZULU-NATAL  
INYUVESI  
YAKWAZULU-NATALI

## UKZN Campus Health Clinics



EDGEWOOD CAMPUS



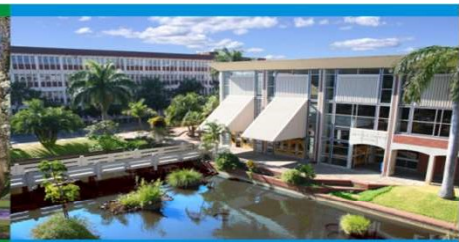
HOWARD COLLEGE CAMPUS



NELSON R MANDELA SCHOOL OF MEDICINE



PIETERMARITZBURG CAMPUS



WESTVILLE CAMPUS

UKZN INSPIRING GREATNESS

# Health Clinic Services

## 1. PRIMARY HEALTH CARE

- Management of Ailments
  - Assessment,
  - diagnosis and treatment of minor ailments
- Family planning or contraceptive service including
  - Pill, Injectable, condoms ( male and female)**
  - Emergency Pill ( M/A PILL)**
  - Insertion of implants**
  - Pregnancy Testing and referral for TOP**
- Pap smears ( Currently provided by Pu)
- Treatment of sexually transmitted diseases (infections)**
- Free condoms
- Treatment of minor surgical problems including suturing of minor wounds where necessary
- Medical Male Circumcision – post circumcision follow-up ( dressing)
- Attending to emergencies
- Health education ( Preventive & Promotive Health)
- Referrals where necessary
- limited assistant to those who have chronic illnesses

## 2. HIV/AIDS SERVICES:

- Highly confidential service**
- Preventive and Promotive programs:**
- Pre and post test counseling**
- Rapid testing**
- Management and follow up support of those infected and affected**
- Referral of those who are eligible for ARV initiations ( In a process of getting accreditation for initiation)**
- Continuation of ARV supply and monitoring of those who have been down referred back to the clinics.**
- Male Medical Circumcision**
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- 3.
- FLU VACCINE:** – only to high risk individuals



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# Health Clinic Privacy

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## **P**RIVACY AND CONFIDENTIALITY:

- A confidential and professional service is provided by professional nurses.
- A doctor is available at certain times for those clients who have been consulted by a registered nurse and referred to him.



# Health Clinic Locations



- Each Campus has a clinic and they are located in the following areas:
- **Howard College:** New Wellness clinic, Basement of the main library
- **Medical School:** Second floor, in the Main Building
- **Westville Campus:** S block,
- **Edgewood Campus: Conference :** Basement of Conference Centre
- **PMB Campus:** Milner Road

# Campus Health Clinic - Hours

## **1. Howard College Campus**

**Clinic Hours:** 07h00 till 16h00

**Consulting Times:**

Mondays to Thursdays 07:00 to 12:00 and 14:00 to 15:00

Fridays:07:00 to 112:00

## **2. Edgewood Campus:**

**Clinic hours:** 07:30 to 16:00

**Consulting Times:**

Mondays to Thursdays: 07:30 to 12:00 and 14:00 to 15:00

## **3. Westville Campus & Pmb Campus**

**Clinic hours:** 08:00 to 16:30

**Consulting Times:**

Mondays to Thursdays: 08:00 till 12:00 and 14:00 till 15:00

Fridays: 08:00 till 12:00

## **4. Medical School**

**Clinic hours:** 07:30 till 16:00

**Consulting Times:**

Mondays to Thursdays: 07:30 to 14:00

Fridays: 07:30 till 12:00

**All emergencies are attended to during opening times.**



# Requirement when attending the Clinics

- Proof of registration - student or staff card
- If student or staff card is not available, letter from your department confirming that you are a registered student.
- Service is free



# Emergency Care and Transportation

- Onsite management by the clinic
- Notify RMS, who will in turn call the clinic and provide transport to transport the nurse to the scene
- Ambulance or emergency transportation by ER24, only for emergency
- None emergency cases, use public transport
- Calling of the ambulance is done by RMS
- Information that will be required by ER24 Call centre:
  - Name of the patient
  - Student number
  - Residence if in the residence
  - Very briefly explanation of what is happening.



# Sexual Assault



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- Incident must first be reported to RMS who will take the statement
- RMS will contact the clinic and Counseling service
- If the victim wants to lay a charge, RMS will take the student to the District surgeon who will do everything regarding medical coverage and forensic examination.
- Clients may also be referred to St August crises Centre where every thing is done .
- If the victim does not want to lay a charge against the perpetrator the victim will be managed at the clinic . The clinic will do the following:
  - Take history
  - Do HIV counseling and testing if the victim agrees ( rapid testing) and also screen for pregnancy
  - If the client test HIV negative, the nurse will give the client prophylactic treatment against , HIV, Pregnancy and Sexually transmitted infection
  - Follow-up is done on weekly basis until the victim finishes treatment and monthly for 18 months after that.
  - If the victim tests HIV positive during screening, normal management protocols are followed. Patient will not be given prophylactic ARVs but will be managed like any HIV positive client. Prophylactic treatment against sexually transmitted infection and emergency pill to prevent unplanned pregnancy will be given if the victim is not already pregnant



# After hours services (when clinics are closed)

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## 1. Procedure

- Inform RA or House Committee
- RA will assess the situation and inform or ask RMS to call the emergency transport
- Quick telephonic assessment will be done over the phone
- Service provider will decide to dispatch the emergency transport or not based on telephonic engagement/assessment.

# Referrals

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## Medical & Surgical Problems

- ❖ Non medical Aid clients -Public or Government hospitals according to government demarcations
- ❖ Clients on medical Aid- hospital of choice

## HIV/AIDS

- ❖ Cato Manor clinic for Westville and Howard College Campuses
- ❖ King Edward for Medical School clients
- ❖ Pine Town clinic for Edgewood clinic
- ❖ Clinic of your choice

## Other Special Clinics

- ❖ Eye clinic- Westville ( visual assessment) or McCord hospital for any other eye problems
- ❖ Audiology clinic- Westville
- ❖ Dental clinics- King George hospital

## International Students

- All must be on medical aid ( requirement)
- Cannot use public or government health institutions
- Referred to their own doctor ( Momentum Dr)

# Campus Clinics: Additional Information

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- Twenty four hour accident cover.
  - ❖ All registered students are covered
  - ❖ Must be reported within 24 hours of the accident
  - ❖ If it`s sport related, must be reported to sport officer
- Complains or compliments about the service; procedure to follow:
  - ❖ Lay your complain with the concern service provider
  - ❖ Use the service evaluation questionnaires
  - ❖ Service View Box
  - ❖ Report to the HOD ( Phone the office or ask to see the HOD)
  - ❖ E-mail : **CampusClinics@ukzn.ac.za**
  - ❖ Report to SRC office
- Areas of Collaboration:
  - ❖ Preventive and Promotive health care, Awareness campaigns
  - ❖ Service Promotion, areas of improvement etc.

# Campus Clinics: Contact Details

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- Howard College Health Clinic: 031 260 3285
- Edgewood Health Clinic: 031 260 3252
- Westville Health Clinic: 031 260 7302
- Medical School Health Clinic: 031 260 4506
- Pietermaritzburg Health Clinic: 033 260 5208

**E-MAIL ADDRESSES FOR HODS:** [CampusClinics@ukzn.ac.za](mailto:CampusClinics@ukzn.ac.za)

- Use this e-mail address to report any problem about the service, staffs, or commend positively.
- Use the e-mail address to enquire about anything related to the clinic.

# Hey I am your friend, U need me!!!

**HEALTHY BODY + HEALTHY MIND=SUCCESSFUL STUDENT  
PREVENT SEXUALLY TRANSMITTED INFECTIONS, HIV & UNPLANNED PREGNANCIES**

- **ABSTAIN**
- **CONDOMISE**
- **USE CONTRACEPTION**
- **BE FAITHFUL TO YOUR PARTNER**



## THANK YOU

**DO YOU KNOW YOUR HIV STATUS??**



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